

THE PRAYER OF DELIVERANCE

Connecting with God: The Lord's Prayer – Part 7

“And lead us not into temptation, but deliver us from evil.” Matthew 6:13

“The temptations that come into your life are no different from what others experience. And God is faithful. He will keep the temptation from becoming so strong that you can't stand up against it. When you are tempted, he will show you a way out so that you will not give in to it.” 1 Corinthians 10:13 (NLT)

1. IDENTIFY WHAT MAKES ME VULNERABLE

“Watch and pray so that you will not fall into temptation. The spirit is willing, but the body is weak.” Matthew 26:41 (NIV)

- WHEN AM I MOST TEMPTED?
- WHERE AM I MOST TEMPTED?
- WHO IS WITH ME WHEN I'M MOST TEMPTED?
- WHAT TEMPORARY BENEFIT DO I GET IF I GIVE IN?
- HOW DO I FEEL RIGHT BEFORE I'M TEMPTED?

2. PLAN TO AVOID IT

“Plan carefully what you do... Avoid evil and walk straight ahead. Don't go one step off the right way.” Proverbs 4:26-27 (TEV)

3. GUARD MY HEART

“Above all else, guard your heart, for it affects everything you do.” Proverbs 4:23 (NLT)

Physically exhausted	0 1 2 3 4	Energetic & in shape
Discouraged or pessimistic	0 1 2 3 4	Encouraged & hopeful
Bored & discontented	0 1 2 3 4	Challenged & contented
Spiritually dry or empty	0 1 2 3 4	Spiritually alive & growing
Alone or distant from others	0 1 2 3 4	Close to those you love
Insecure or unsure	0 1 2 3 4	Confident & secure
Wounded or deeply hurt	0 1 2 3 4	Loved & understood
Bitter or angry	0 1 2 3 4	Forgiven everyone
Sad	0 1 2 3 4	Happy
Like you've failed	0 1 2 3 4	Successful

TOTAL: _____

“Do not give the devil a foothold.” Eph. 4:27 (NIV)

4. PRAY FOR DELIVERANCE

“Call upon me in your day of trouble; I will deliver you, and you will honor me.” Psalm 50:15 (NIV)

“(Jesus) understands our weaknesses, for he faced all of the same temptations we do, yet he did not sin. So let us come boldly to...our gracious God. There we will receive his mercy, and grace to help us when we need it.” Hebrews 4:15-16 (NLT)

5. TURN MY ATTENTION ELSEWHERE

“Thinking about your commands will keep me from doing some foolish thing.” Psalm 119:6 (CEV)

“We capture every thought...and make it obey Christ.” 2 Corinthians 10:5 (NCV)

“Don't let evil conquer you, but conquer evil with good.” Romans 12:21 (GW)

6. GET A GROUP & A PARTNER

“Two are better than one, because together...if one falls down, the other can help him up. But if someone is alone and falls...there's no one to help him.” Ecclesiastes 4:9-10 (GN)

“Brothers and sisters, if someone in your group does something wrong, you who are spiritual should go to that person and gently help make him right again. But be careful, because you can be tempted to sin, too. By helping each other with your troubles, you truly obey the law of Christ.” Galatians 6:1-2 (NCV)

“My dear friends, if you know people who have wandered off from God's truth, don't write them off. Go after them. Get them back and you will have rescued precious lives...!” James 5:19-20 (MSG)